



NORMANDY

Cycling tour for an immersive experience in D-Day history and local gastronomy

3400€
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**The price includes supervision by one or two certified guides (depending on the number of participants), bicycles and safety equipment, luggage transfer, accommodations and meals throughout the trip, as well as entry fees and visits to the museums listed in the itinerary. The price does not include drinks or transportation to the meeting point in Cherbourg.*

> Trip description

This cycling journey along the D-Day landing beaches in Normandy has been designed as a fully customizable travel experience, combining physical activity, the comfort of high-end bicycles, and in-depth historical immersion.

The route connects Cherbourg to Caen, passing through the major sites of the Battle of Normandy — Utah Beach, Sainte-Mère-Église, Carentan, Pointe du Hoc, Omaha, Juno, and Sword Beach, all the way to Pegasus Bridge and the Caen Memorial. Each stage has been carefully selected for its geographical, historical, and scenic coherence, favoring safe routes, mostly along greenways and dedicated cycling paths.

The journey can be adapted to suit each group's profile: daily pace, distance, choice of bike (electric or standard), level of athletic support, and cultural content can all be adjusted to create a tailor-made experience, accessible to both occasional cyclists and more athletic travelers.

Note: we recommend taking out cancellation/repatriation insurance with your provider.

> The *A Caen La Forme !*

- No more than 12 participants, to limit differences in ability and ensure a friendly, close-knit group atmosphere.
- Two certified guides from 7 participants onward, providing high-quality supervision and a comfortable, safe experience for everyone.
- Carefully selected hotels and restaurants for a comfortable, high-end experience.
- In addition to the must-see sites, we aim to introduce you to routes and places off the beaten path.
- High-end bicycles tailored to each participant's level and preference (e-bike, gravel, mountain bike, etc.), with maintenance and replacement services available throughout the journey.
- This trip is offered as a turnkey experience (luggage transport, quality accommodations, meals, guided support, bicycles, etc.). All you need to worry about is your transport to the meeting point in Cherbourg.

> In summary :

Period: from May to October

Accommodation: hotels

Trip duration: 7 days

Total cycling distance: approximately 220 km

Accessibility: the tour is designed to be accessible to most people. Participants only need to be able to cycle 33 to 40 km per day for 7 days on small country roads, drivable paths, or dedicated cycling routes.



The ITINERARY

Jour 1

Cherbourg – Ste-Mère-Eglise (38km)

Arrival in Cherbourg (at your own expense) and visit to the Airborne Museum dedicated to American paratroopers.



Jour 2

Ste-Mère-Eglise – Carentan (35km)

Visit to the Utah Beach Landing Museum, dedicated to the American landings.



Jour 3

Carentan – Pointe du Hoc (40km)

Visit to the remarkable Pointe du Hoc site, with its dozens of still-visible bomb craters.



Jour 4

Pointe du Hoc – Bayeux par Omaha Beach (39km)

Stop at the American Memorial at Omaha Beach and visit Bayeux with its many remarkable sites.



Jour 5

Bayeux – Courseulles (37km)

Stops at the notable sites of Gold Beach and a visit to the Juno Beach Centre, dedicated to the Canadians in the war.

Jour 6

Courseulles – Caen (33km)

Stops at the notable sites of Sword Beach in Ouistreham and a visit to the Pegasus Bridge Museum, dedicated to the British airborne forces.

Jour 7

Mémorial de Caen

Highlight of this tour: visit to the Caen Memorial, one of Europe's largest museums dedicated to 20th-century history, World War II, and peace.

- ✓ 8 museum visits
- ✓ Many visits to off-the-beaten-path sites
- ✓ Stops at quality restaurants for an immersion in local gastronomy

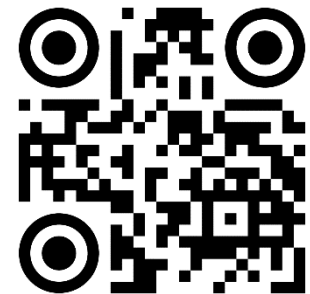
The itinerary is provided for guidance only and may be subject to change, particularly due to weather conditions.

> Equipment to bring

Here's a list of equipment you should bring for this trip. You will have a soft "support" bag with a maximum weight of 20 kg:

- 1 pair of sports shoes (running or trail shoes recommended)
- 1 waterproof jacket (Gore-Tex or K-Way type)
- 1 waterproof over-pants (optional)
- 1 small, warm, compressible down jacket
- 1 or 2 fleece jackets
- Sports/cycling clothing (breathable t-shirts or jerseys, cycling shorts, pants, shorts, socks)
- Sunglasses and sunscreen
- 1 pair of light gloves/cycling gloves
- 1 bath towel + 1 swimsuit
- Personal snacks for breaks during rides
- 2 water bottles
- Change of clothes, including outfits for evenings in restaurants and accommodations

> Information & Registration here:



À CAEN LA FORME

GREENFIT

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> Organization and supervision

The trip is organized by Etienne LOISEL, the head and founder of our travel agency. The tour is led by one of our four qualified, bilingual guides. Depending on the number of participants, another guide from our agency may also join the team for added comfort and quality.

